

October Newsletter

because I said I would.

October 30th, 2017. Muncie, Indiana. Anonymous. We hope it goes well.



[Share your promise story here.](#)

Chapters

***because I said I would* Chapters**
make and keep promises to help people in need. Here are some
highlights from our recent promises in our chapter cities!

because I said I would Columbus

As children, we are taught the importance of socialization in life. This doesn't change as we age, yet too many senior citizens end up feeling alone. The Columbus Chapter helped lift the moods and spirits of local seniors by throwing a fun Halloween Party for residents at a nursing home.

[See more Unified Promises from Columbus, OH](#)



because I said I would Denver

When it comes to helping the homeless, we typically just think of donating food. But, did you know that socks are often most needed item at homeless shelters?

The Denver Chapter donated socks to homeless children and filled them with Halloween candy to add a smile to their day.

[See more Unified Promises from Denver, CO](#)



because I said I would Cleveland

According to a study conducted by the University of Arizona in Tucson, 40 percent of all food ready for harvest never gets eaten. The average American creates over four pounds of trash everyday and food waste is the leading item in those garbage bags, while families across the country go hungry. Our chapter members in Cleveland learned about food insecurity in their city and packed over 6,000 lbs of food for distribution at their local food bank.

[See more Unified Promises from Cleveland, OH](#)




Sale coming soon...

because I said I would gifts for the holidays

We will be holding an online sale towards the end of November. We be offering our biggest discounts of the year on shirts, journals, promise cards and much more. Look for our November newsletter email for details.

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